



AMERICAN TAE KWON DO ACADEMY

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Frank R. Coppola III-President



2007 ATKDA FALL SPARRING/FIGHTING SEMINAR

LOCATION

Somerset Hills YMCA, 140 Mount Airy Rd., Bernardsville, NJ 07920

(908) 766-7898

GUEST CLINIC INSTRUCTOR:

Master Ron LeBlanc

Master Ron LeBlanc is a 7th Degree Black Belt who is Vice-President and Technical Director of the Chung Do Kwan Alliance. Master LeBlanc began his martial arts training in Japan when his A4 squadron was rotated from Viet Nam in 1967. In addition to his Dan ranking in Chung Do Kwan, he holds a 3rd degree in the Olympic system and a 1st degree in jujitsu. In the 70's he was an active tournament competitor and was Grand Champion in the 1975 Arizona TaeKwonDo Championships and won the heavy weight division of Ed Parker's Southwest Regional's in 1976. He was inducted into the United States Martial Arts Hall of Fame in 2000.

Master LeBlanc taught Chung Do Kwan Tae Kwon Do at Idaho State University for 26 and-a-half years as an avocation. He holds a PhD in Business Administration from the University of Arizona and retired Professor Emeritus from the College of Business at Idaho State University in the summer of 2006. He presently lives in Walla Walla, WA with his wife of 30 years, Linda.

SCHEDULE

Thursday, November 15th: 6:45pm-8:00pm class is CANCELLED due to SHYMCA dinner.

Friday, November 16th: 6:00PM – 8:00PM

- (ATKDA/SCTKD students only. All Ranks welcome.)
- Standard Workout taught by Frank Coppola (All Belts)
- Meet and workout with Ron LeBlanc.
- (No charge for YMCA ATKDA members, \$20 guest fee)

Saturday, March 17

10:00AM-12:00N

Sparring Clinic – Intermediate-Advanced Sparring Techniques (Ron LeBlanc)

- (Yellow Belts and up may attend)
- Learn proven skills to improve your sparring and help defend yourself in real life situations. Ron has tested and proved these skills through real life application in his personal and professional career.

12:00N-1:00PM – Lunch Break

- No lunch provided, so pack your own lunch or grab a bite at the YMCA Coffee Shop

1:00 PM-3:00 PM

TKD Black Belt Clinic #2 – (Ron LeBlanc)

- (Black Belts only)
- Learn advanced sparring techniques and explore practical “fighting” techniques and skills.

Sunday, March 18th

10:30AM-12:30PM

- (ATKDA/SCTKD students only. All Ranks welcome.)
- Family class, Last chance to meet, spar and pick up tips from Ron.

CLINIC STRUCTURE & FEES

- Friday Night: No Charge
- Saturday: Morning **OR** Afternoon seminar- \$20 payable at the door. (PLEASE don't forget to bring cash/check.)
- Saturday: **BOTH** seminars- \$30 “ “
- Sunday: No Charge